

# National Wellness Institute Member Benefits

All members receive these core benefits:

## ONLINE MEMBER PUBLICATIONS:

- **Wellness Management**

This quarterly online newsletter published by NWI includes successful programming tips, wellness resources, current research information, event listings, professional development ideas and more.

- **Wellness News You Can Use**

This monthly is a collection of downloadable, reproducible consumer-oriented short articles, quotes, and fun facts for use in newsletters, payroll stuffers, and promotional pieces.

- **Health Promotion Practitioner**

This bimonthly newsletter, published by Health Enhancement Systems, provides innovative, yet practical ideas in a concise, easy-to-apply style for health promotion programming to produce results.

## DISCOUNTS:

Receive member-only pricing on the following:

- Our informative webinars
- National Wellness Conference Registration: Wellness Solutions that Work **NOW**: Best Outcomes Through Innovation, caring and collaboration. The National Wellness Conference, July 17 - 22, 2010, University of Wisconsin - Stevens Point
- Certificate and Preconference Programs
- Exhibiting at the National Wellness Conference

## MEMBER RESOURCES & SERVICES:

- **Searchable Archives**

This impressive wellness collection includes back issues of NWI-published member publications including *Wellness Management*, *Wellness News You Can Use*, and *HEALTH Issues Update/Resource News*.

- **Searchable NWI Membership Directory**

This excellent networking tool lists member addresses, phone numbers and e-mail addresses.

- **Making Wellness Work for You Behavior Change Guide**

This is the National Wellness Institute's (NWI) easy-to-follow, step-by-step, four-page guide for making successful behavior changes. It is a valuable

resource for any wellness program. Downloadable master is provided with reproduction rights.

- **Current Research Abstracts**

Be up to date on what is happening in the wellness field with highlights of the latest research of particular interest to health and wellness promotion professionals.

- **Free Job Search & Posting**

NWI works with indeed.com to provide you with easy access to job search information. Plus, we will post your open job on our site – FREE!

## 2009 Health Observances Calendar Plus:

- Educational Wellness Podcasts
- Academic Accreditation
- NWI Archives
- Student Chapters

**Core Plus members** (individual and organizational) receive:

***The American Journal of Health Promotion*** (AJHP) AJHP is the leading peer-reviewed journal in the health promotion field. This membership upgrade option is published bimonthly and sent by postal mail. It contains full-length original research on interventions, critical issues, current trends, and case studies; implications for health promotion practitioners; and abstracts from over 200 journals. Also includes "The Art of Health Promotion" section covering practical application of research. (Included with the Core Plus membership).

## Membership Levels

Core Individual – \$99

Core Plus Individual – \$189

Core Organizational – \$239 (up to five people at one organization)

Core Plus Organizational – \$374 (up to five people at one organization)

Please call me with any additional questions:

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