



NWI Student Chapter Tips

Sample Constitution

National Wellness Institute (NWI) Student Chapter of <<University Name>> Constitution

Article I Preamble:

The purpose of this student organization is to provide students with opportunities to expand their knowledge of the discipline of health promotion and wellness. Working in conjunction with the National Wellness Institute the chapter will engage in activities and events to accomplish the following goals:

- 1) Explore developments in wellness and health promotion research as it relates to professional skill and knowledge.
- 2) Cooperate with the National Wellness Institute and its programs to engage in professional conferences and workshop events.
- 3) Provide opportunities to develop leadership skills, event management skills and networking skills.
- 4) Create an ever-increasing awareness of the dimensions of wellness throughout society (Spiritual, Intellectual, Social, Physical, Emotional and Occupational).
- 5) Encourage student membership in professional organizations that support the mission of the disciplines of health promotion and wellness.
- 6) Serve as an organization dedicated to improving the education of UWSP health promotion majors.
- 7) Support the development of a professional network of acquaintances and business contacts.

Article II Objectives:

Create a home base for entry-level health promotion majors to:

- 1) Become familiar with a wide variety of professional roles in the wellness and health care industries.
- 2) Become a contributing member of the UWSP student chapter to support the goals of NWI.
- 3) Engage in a professional organization early in ones career.
- 4) Develop leadership skills.
- 5) Encounter professional conferences and workshops.
- 6) Engage in service activities that support the development of healthy lifestyles.
- 7) Begin development of a repertoire of professional materials and resources.

Article III Name of Organization:

The student chapter shall be known as the NWI Student Chapter of <<University Name>>.

Article IV Affiliation:

NWI of Stevens Point, Wisconsin shall serve as the affiliating organization. Approval of the use of their name shall be governed by their bylaws. The National Wellness Institute Student Chapter shall be approved by the Student Government of <<University Name>> and will abide by all regulations and requirements of that organization.

Article V Membership:

- 1) Only active members may participate in meetings, be selected to office, vote, debate or represent the chapter.
- 2) There will be no membership discrimination on the basis of race, sex, religion, origin, or sexual preference.

Article VI Officers:

- 1) The officers of the NWI Student Chapter shall be: President, Vice President, Group Outing Leader, and Treasurer.
- 2) Duties of each officer position will be outlined at the beginning of each year's club activities. Generally, the President is in charge of developing meetings; the Vice President servers in the absence of the president and is in charge of developing service projects for the chapter membership; the Group Leader is responsible for planning outings that encourage members to work together and; the treasurer is responsible for all fiscal matters of the chapter.
- 3) Election of Officers will be conducted at the final meeting of the spring semester. Officers will serve from August 1 – July 31 of the next year.
- 4) Nominations for officers will be from the floor or via written volunteer notification.
- 5) To elect, a simple majority of voting members present at the election meeting is required to appoint new officers.

Article VII Finance

- 1) All funds must be administered through the <<University Name>> Student Government account processes and must follow all policies and procedures.
- 2) Dues may be set by a majority vote of the active membership.
- 3) If the student chapter dissolves, all remaining SFO funds and state account funds will become the property of the <<University Name>> Student Government.

Article VII Meetings:

- 1) Meetings shall normally be held on a tri-weekly basis or when chapter business is to be conducted.
- 2) A quorum consists of a meeting in which more than 20 members are in attendance. Any regular business may be conducted when a quorum exists.
- 3) Appropriate reports from officers are expected at each meeting. A treasurer's report will be given at each meeting.

Article IX Amendments.

- 1) Revision of articles of the Constitution may take place after one reading has occurred and a second meeting to consider change has been announced.
- 2) A 2/rds vote by a quorum in attendance is required to change articles of the Constitution.

Article X Advisor:

- 1) The advisor shall be a professional member of the teaching or administration of <<University Name>>
- 2) The advisor shall be a professional member of the National Wellness Institute.
- 3) The advisor shall register as the official advisor and be recognized by the <<University Name>> Student Government.
- 4) It is the responsibility of the advisor to assure that all university policies and procedures are followed in conduction student chapter business or activities.
- 5) The advisor shall assist in the administration of chapter functions.

Article XI Date of Constitution

This constitution was adopted and implemented on <<Date>>.