

Online Proposals

LEAD PRESENTER

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Comprehensive List of Conference Presentations for LEAD Presenter:

Have been a presenter for over 10 years (see files)

Presentation Title:

Women & Wealth - 4 Steps to Financial Abundance Using Law of Attraction

Track: Wellness Education for Specific Populations

Target Audience: Health Promotion Professionals

Program Level: intermediate

Program Type: Breakout Session

Have you presented or are you planning to present this program at other wellness-related conferences?

n/a

Abstract:

How will you embark on a path of financial prosperity during these challenging times? Take a serious look at your financial picture and discover how to shift from lack-ful thinking to abundance and prosperity. As Dr. Christiane Northrup M.D. says - “You are truly prosperous to the degree that you’re experiencing health, freedom, happiness, and plenty in your life”. This seminar will help you explore and shatter the roadblocks standing in the way of true prosperity and give you the tools to move in a new and positive direction.

Measurable Objectives:

-  Learn the truth about money and cash flow that no one ever told you
-  Discover 4 proven ways to increase your wealth
-  Uncover the most common myths about women and money – and bust them!
-  Delve into today’s financial reality and discover how you can be an exception to the statistics
-  Find out how to create optimal wealth and health simultaneously

Program Outline:

4 Steps to Shift Toward Prosperity

1. Awareness of Roadblocks
Early Programming
Negative Language

2. Understanding Your Money Blueprint
Process of Manifestation
Law of Attraction

35TH Annual National Wellness Conference
“Wellness Solutions that Work NOW: Best Outcomes Through Innovation, Caring, and Collaboration”
University of Wisconsin-Stevens Point, July 17-22, 2010

3. Dis-associating from the Old and Moving into the New

Creating Clarity through Contrast

Determining Your Ideal Financial Situation

Identifying Your Desire

4. Developing a New Awareness

Giving Attention, Energy, Focus to Your Desire

Practicing Abundant Thinking

Keeping an Abundance Log

Identifying Sources of Abundance

Using the Abundance Wheel

Understanding Sources of Cash Flow

Assets vs Liabilities

Cash Flow Quadrants

Program Bibliography:

Cash, J. Grady, Conquer the 7 Deadly Money Mistakes, Center for Financial Well-Being, Nashville TN, 1995.

Chopra, Deepak. The Seven Spiritual Laws of Success. Amber-Allen Publishing & New World Library. 1994.

Hicks, Esther and Jerry, Ask and It Is Given, Hay House INC, Carlsbad CA, 2004.

Hicks, Esther and Jerry, Money and The Law of Attraction, Hay House INC, Carlsbad CA, 2008.

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Kiyosaki, Robert, Cashflow Quadrant: Rich Dad's Guide to Financial Freedom, Warner Books. 2000

Losier, Michael, Law of Attraction-How to Get More of What you Want and Less of What You Don't,

“Money: The New Wellness Frontier”, Wellness Management Newsletter, National Wellness Institute, Summer 1994.

Northrup, Christiane M.D., Mother-Daughter Wisdom, Bantam Books, New York, NY, 2005.

Orman, Suze, The Courage to Be Rich, Riverhead Books, New York, NY, 1999.

“Personal Finance – The Overlooked Wellness Dimension”, Wellness Management Newsletter, National Wellness Institute, Summer 1994.

Ross, Ruth, PhD, Prospering Woman, Whatever Publishing, Mill Valley CA, 1982.

Seaward, Brian Luke. Managing Stress. Jones & Bartlett Publishers, Sudbury MA, p. 18-19. 2002.

Success Training Academy. [HTTP://www.myhomepage.net/~rjtaylor/glaws.htm](http://www.myhomepage.net/~rjtaylor/glaws.htm)

The Law of Vibration and Attraction. www.allaboutprosperity.com/articles/bproctor-lawofvibration.htm

Zee, Dr. Anney, Journey Inside My Money Workbook, Inside My Money LLC, Las Vegas, NV, 2005.

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Zee, Dr. Anney, Money from the Inside Out, Inside My Money LLC, Las Vegas, NV, 2003.

Program Relevance to Conference Theme:

Caring and collaboration is a very female model of doing business. This program will explore how this method of doing business can lead to prosperity for women right NOW!