

Diane Hamilton-Hancock, Ph.D, R.D.

**Western Illinois University
Department of Health Sciences
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MAJOR RESEARCH AND PROFESSIONAL INTERESTS

Research

Cultural diversity and cultural competence
Spiritual dimensions of health and wellness
Post Traumatic Stress Disorder and sexual assault
Qualitative research theory/design
Eating disorders treatment

Pedagogy

Instructional applications in health education and communication
Leadership, group process and team building
Application of health behavior theories and health counseling
Sexuality education and advocacy

Administration

Needs assessment
Program planning, implementation, and evaluation
Strategic planning

ACADEMIC PREPARATION

Graduate Education

The Pennsylvania State University
College of Health and Human Development
University Park, Pennsylvania

Degree: Doctor of Philosophy
Dates Attended: August, 1991-May, 1994
Major: Health Education

Dissertation: *An Analysis of Family Characteristics of Female Bulimics and Binge Eaters Who Are Members of Overeaters Anonymous*

Graduate Education

Youngstown State University
College of Education
Youngstown, Ohio

Degree: Master of Science in Education
Dates Attended: September, 1981-August, 1983
Major: Counseling; Cognate: Exercise Science

Counseling Internship

Counseling Internship: Psycare, Inc.,
Youngstown, Ohio (May-August 1983)
Clinical Supervisor: Douglas Darnall, Ph.D.,
Licensed Psychologist

Undergraduate Education

Youngstown State University
College of Science and Technology
Youngstown, Ohio

Degree: Bachelor of Science in Applied Science
Honors: Summa Cum Laude
Dates Attended: September, 1976- August, 1980
Major: Nutrition/Dietetics; Minor: Biology

PROFESSIONAL EXPERIENCE

Academic Experience

2007-present

Professor
Department of Health Sciences
College of Education and Human Services
Western Illinois University

Responsibilities included teaching courses in the B.S. in Health Sciences and the M.S. in Health Education programs as well as instructing with general health education courses. Courses taught include program planning and evaluation, sexuality education methods/techniques, educational applications and techniques in health education, and human sexuality. Other departmental roles include mentoring graduate/undergraduate students, serving on committees, and conducting research and other scholarly activities.

2005-2007

Chair and Professor
Department of Health Sciences
College of Education and Human Services
Western Illinois University

Served as the Chief Academic Officer for the department and was responsible for execution of University and College policies pertaining to the administration and operation of the department. Specifically responsible, with the counsel and input of faculty (directly or through committees) for the following: (1) strategic planning and overseeing and reviewing long-range departmental goals and objectives; (2) managing day-to-day departmental activities; (3) evaluating faculty for retention, promotion, tenure and professional achievement awards; (4)

recruiting new faculty and non-academic personnel; (5) preparing and administering the departmental budget and providing stewardship of departmental resources; (6) making recommendations for promotion and tenure; (6) preparing courses rotation schedules, assigning workload to of departmental faculty, and supervising the development and modification of curriculum; (7) mentoring faculty members in the department to improve themselves professionally through study, research, and participation in professional activities; (8) furnishing leadership for evaluation and improvement of academic instruction in the department; (9) serving as a review officer with regard to student grievances and convening faculty meetings.

Significant administrative accomplishments include:

- ⇒ Proposed and received approval from the Illinois Board of Higher Education to offer the B.S. in Emergency Management degree which was the first undergraduate degree in emergency management in the state of Illinois.
- ⇒ Oversaw the faculty hiring process to fill tenured/tenure track positions in the areas of emergency management (2006-2007) and health services management (2006-2007).
- ⇒ Prepared major curricular revisions for o the undergraduate health education program. Resulting in the creation of the B.S. in Health Sciences program that was subsequently approved by the Council on Curriculum and Instruction, the Faculty Senate and the Provost.
- ⇒ Oversaw the transition from the Department of Community Health and Health Services Management to the Department of Health Sciences (2005).
- ⇒ Developed (along with departmental faculty) the departmental criteria for retention, promotion, tenure, workload, and professional achievement awards (in accordance with the University Professionals of Illinois, Local 4100, Agreement (2007-2011)

2001-2005

Visiting Associate Professor

Department of Kinesiology
School of Education
The University of Texas at Arlington

Scholarly research involved studying issues related to gender equity and diversity among women, eating disorders treatment, implications of cultural competence for curricular design in higher education, and sexuality education in K-12 instruction. Teaching responsibilities included instructing graduate courses in the areas of diversity and cross-cultural competence, research and evaluation, and ethnography. Undergraduate courses taught included women's health issues, sexuality education, and health applications. Administrative and service responsibilities included the development of the Substantive Degree Proposal for the Bachelor of Science in Health Promotion, and advisement of Health Education students.

2000-2001

Associate Professor
Health Behavior Program Coordinator
Health Behavior Internship Director
Full Graduate Faculty Status
Department of Health and Kinesiology
Georgia Southern University
Statesboro, Georgia

Responsibilities included program administration for the undergraduate major in Health Behavior for the Bachelor of Science in Health Science and coordination and supervision of the Health Behavior Internship Program. Courses taught include both graduate and undergraduate courses in the areas of program planning and evaluation needs assessment, health behavior theory,

sexuality education, personal health promotion, health communication, and stress theory and management. Other departmental roles include advising students, creating and implementing the Health Behavior program major, serving on departmental, college and university committees and conducting scholarly research in the areas of spiritual health, childhood obesity, internship process, and eating disorders.

1994-2000

Assistant Professor
Health Behavior Program Coordinator (1998-2001)
Health Promotion Program Coordinator (1996-1998)
Internship Director
Full Graduate Faculty Status (1997-present)
Department of Health and Kinesiology
Georgia Southern University
Statesboro, Georgia

Responsibilities included teaching undergraduate courses in the areas of program planning, needs assessment, evaluation, and, personal health promotion. Additional responsibilities included coordinating the Health Promotion and Health Behavior programs, supervising health science interns, advising students, redesigning the Health Promotion curriculum, developing the Health Behavior program, serving on departmental and university committees and conducting scholarly research in the areas of qualitative research methodology, spirituality, and relapse prevention in eating disorders recovery.

1991-1994

Instructor
Graduate Faculty Status (1991-1994)
Health Education Department
The Pennsylvania State University
Monroeville Center for Graduate & Continuing Education

Responsibilities included teaching graduate courses in the areas of program planning, needs assessment, evaluation, stress theory and management, research design and eating disorders education. Additional responsibilities included supervising Health Promotion graduate students in program design projects. Three new graduate course curricula were also developed. These involved the following areas: evaluation and research, eating disorders education, and stress theory and management.

1983-1994

Adjunct Instructor
Department of Health Education
Youngstown State University
Youngstown, Ohio

Responsibilities included teaching undergraduate courses in the area of personal health promotion and holistic health. Other roles included serving on the university Women's Awareness Week Committee and the Eating Disorders Task Force.

1984-1988

Adjunct Instructor
The Pennsylvania State University
Shenango Valley Campus
Sharon, Pennsylvania

Responsibilities included teaching undergraduate courses in the area of normal and clinical nutrition for the Bachelor of Science in Nursing program. Other roles included presenting four continuing education courses for teacher certification.

1985-1986

Adjunct Instructor
Department of Human Ecology
Youngstown State University
Youngstown, Ohio

Responsibilities included teaching undergraduate courses in the area of normal nutrition for the Bachelor of Science in Nursing and the Bachelor of Science in Nutrition/Dietetics programs.

1981-1986

Instructor
The Pennsylvania Department of Education
Midwestern Intermediate Unit IV
Grove City, Pennsylvania

Taught teacher certification continuing education courses that focused on implementing nutrition education through the health, home economics, science, and social studies curricula. Additionally, four obesity and weight management courses were offered for teacher certification.

Health Education & Promotion Experience

2003-present

Program Director
Eating Disorders Psychoeducational Program
QUEST Wellness Program
University of Texas at Arlington

Developed and implemented a psychoeducational support group to serve students, faculty, and staff at the University of Texas at Arlington who are recovering from an eating disorder or desire to support a recovering family member or friend.

1980-1991

Nutrition Educator
Dairy and Nutrition Council Mid East
Northern Division
An affiliate of National Dairy Council
Rosemont, Illinois

Designed nutrition education materials and presented approximately 1200 workshops and programs to health and education professionals in eight counties in Ohio, Pennsylvania and West Virginia. The area of focus included prenatal and early childhood nutrition, osteoporosis, cardiac education, weight management, dental education, and nutrition education for athletes.

1989-1990

Patient Educator
Arthritis Center of Northeast Ohio
Youngstown, Ohio

Designed and conducted patient education programs and counseled patients in the treatment of obesity, hypertension, and cardiovascular disease. The goals for these programs and sessions included enhanced quality of life and pain reduction arthritic patients.

1985-1986

Wellness Coordinator
Health Promotion Associates
Youngstown, Ohio

Conducted educator focused health promotion programs involving exercise prescriptions, nutrition education and weight management for teachers and staff at thirty-two Mahoning County schools in Ohio.

1978-1979

Patient Educator
PROCARE Cardiac Rehabilitation, Inc.
Youngstown, Ohio

Provided individual and group nutrition counseling for cardiac patients. These sessions involved counseling in the areas of general nutrition, fat and cholesterol reduction, sodium modifications, and weight control.

Communication/Marketing Experience

1981-1993

Media Consultant
WBBW/WBBG Broadcasting Company
Youngstown, Ohio

Hosted a two-hour radio talk show and fielded questions from phone-in callers dealing with a variety of health related topics and issues. These included such topics as women's health issues, cardiovascular disease, food additives and pesticides, vitamin-mineral supplementation, cancer, exercise/fitness, and weight control.

1986-1987

Health Marketing Consultant
Ohio Heart Institute
Youngstown, Ohio

Developed a marketing plan to promote cardiac patient education programs and designed print and audiovisual materials.

1982-1984

Media Consultant
WYTV Broadcasting Company
Youngstown, Ohio

Presented a weekly health segment for the *Good Morning Youngstown* televised talk show and provided technical and editorial assistance for all health-related programming. Areas for program focus included: women's health issues, cardiovascular disease, food additives and pesticides, vitamin-mineral supplementation, cancer, exercise/fitness, and weight control.

Counseling Experience

1991-1993

Director
Outpatient Eating Disorders Treatment Program
Parkside Lodge Counseling Services
Youngstown, Ohio
An affiliate of Parkside Medical Services
Columbus, Ohio

Planned, implemented, and evaluated outpatient eating disorders patients' treatments and supervised counseling staff. Co-facilitate an eating disorders treatment group designed to aid eating disordered women to develop a holistic awareness of their health, quality of life, spirituality, and recovery.

1989-1991

Therapist
Specialty Care Psychiatric Services Inc.
Youngstown, Ohio

Provide individual and group counseling services in the areas of bulimia and anorexia nervosa treatment, sexual abuse and incest treatment, and treatment of anxiety and depressive disorders.

PROFESSIONAL ACTIVITIES

Administrative Activities

Health Education Coordinator
(2001-present)

Serve as coordinator for health education in the Kinesiology Department at the University of Texas at Arlington

Exercise Science Activities Coordinator
Fall 2003

Served as Acting Exercise Activities Program Coordinator for the Kinesiology Department at the University of Texas at Arlington

Program Developer
2001

Design and author the Substantive Degree Proposal for a Bachelor of Science in Health Promotion degree in the Kinesiology Department at the University of Texas at Arlington

Program Coordinator
1998-2001

Coordinated and managed the Health Behavior program for the Bachelor of Science in Health Science degree Department of Health and Kinesiology Georgia Southern University

Responsibilities included: Facilitation of the Health Faculty Cluster, curriculum design, coordination of the curriculum scope and sequence, development of the SABPAC accreditation self study report, design of the student recruitment marketing plan, development of the program strategic plan, supervision of progress toward program objectives and management of student outcomes and authorship of the institutional program review document

Program Coordinator
1996-1998

Coordinated and managed the Health Promotion program for the Bachelor of Science in Health Science degree in the Department of Health and Kinesiology Georgia Southern University

Internship Supervisor
1998-2001

Supervised students interns enrolled in the Health Behavior for the B.S. in Health Science degree at Georgia Southern University

Internship Supervisor
July 1994-August 1998

Supervised students interns enrolled in the Community Health and Health Promotion programs for the B.S. in Health Science degree at Georgia Southern University

Scholarship: (Also formerly known as Diane Hamilton Wasson)

Refereed Publications

Hamilton-Hancock, D. (2009). A Qualitative Investigation of the Perceptions of Interpersonal Relationships in Families on Women with Bulimia Nervosa. (To be submitted to *Family Process*).

Hamilton-Hancock, D., & Reinhartz, J. (2009). A Qualitative analysis of the relationship between curricular decision making and sexuality education. (To be submitted to: *Educational Action Research*).

Wasson, D. & Jackson, M. H. (2004). An analysis of the role of Overeaters Anonymous in women's recovery from bulimia nervosa. *Eating Disorders: Journal of Treatment and Prevention*, 12: 337-357.

Wasson, D. H. (2003) A qualitative investigation of the relapse experiences of women with bulimia nervosa. *Eating Disorders Journal of Treatment and Prevention*, 11:73-88.

Wasson, D. H. & Jackson, M. H. (2002). Assessing cross-cultural sensitivity and awareness: A basis for curriculum change. *Journal of Instructional Psychology*, 29, 265-276.

Jackson, M. & Wasson, D. (2000). The impact of spirituality on the life of education professionals. In Warkentin, R. & Rea, D. *Reclaiming Our Youth: Building Bridges for the 21st Century*. Boston, MA: McGraw-Hill, Inc.

Hamilton, S. (1998). Adolescence, body image, and self-esteem. In Lavsa, P., Hamilton, D., Abercrombie, J., Copley, D., and Watkins, R. *Learning to Like Me: A Health and Fitness Curriculum for Adolescents*. Pittsburgh, PA: Dairy & Nutrition Council Mid East.

Hamilton, D., & Oswalt, S. (1998). Distract me from my dreaded self: Strategies to enhance self-esteem. *Journal of School Health*, 68:301-303.

Hamilton, D., & Jackson, M. H. (1998). Spiritual development: Paths and processes. *Journal of Instructional Psychology*, 25:262-270.

Hamilton, D. M., & Oswalt, S. (1998). A lesson to enhance student self-esteem. *The Education Digest*, 64:35-38.

Hamilton, D., Chopak, J. S., & Welle, H. M. (1997). Educational strategies for eating disorders prevention. In Warkentin, R. & Rea, D. *Investing in Our Youth: Pooling Community Resources*. In Warkentin, R. & Rea, D. Boston, MA: McGraw-Hill, Inc.

Hamilton, D. (1996). Child abuse and risk for eating disorders: Implications for educators. In Warkentin, R. & Rea, D. *Youth-At Risk Issues: Collaborative Ventures*. Dubuque, Iowa: Times Mirror Higher Education Group, Inc.

Hamilton, D. M. & Pajari, R. (1997). Effective communication among stakeholders: A key component for successful internship programs. *Journal of Public Administration Education*, 3:203-215.

Hamilton, D. Welle, H., Pajari, S., & Moore, T. (1997). Sharing the vision of health education. *GAHPERD Journal*, 30, 38-42.

Welle, H., Hamilton, D., Whitt, D. G., & Herceg, D. (1997), Community health education: A process and product. *GAHPERD Journal*, 31, 46-48.

Hamilton, D. (1996). Flying ants and other tasty treats: Multicultural perspectives in health education. *GAHPERD Journal*, 30:38-42

Hamilton, D. & Bechtel, G. A. (1996). Research implications for alternative health therapies. *Nursing Forum*, 31:6-10.

Refereed Papers (Work-In-Process)

Hamilton-Hancock, D., & Reinhartz, J. (2009). An analysis of university-based programming to address obesity among freshmen.

Hamilton-Hancock, D. & Reinhartz, J. (2009). GRITS: Gender resiliency in technology and science and their implications for occupational healthy.

Scholarship: Audiotape

Wasson, D. and Reinhartz, J. (proposal submitted-2003). *Understanding Gender Equity: An Ethnographic Assessment of Middle School Students' Gender Patterns in Learning Science, Technology, Engineering, and Math*. In: "Gender Equity in K-12 Schools: What Can We Learn to Move Us Forward"? Washington, D.C.: Committee on Scholars and Advocates for Gender Equity (SAGE), American Educational Research Association. (Refereed Paper).

Scholarship: ERIC Documents

Wasson, D. H., & Reinhartz, J. (in-press). *Shortchanging Students Shortchanges America: The Role of Decision Making Regarding Controversial Issues in School Curriculum*. Washington, D.C.: ERIC Clearinghouse on Higher Education. (Paper refereed and ERIC request by the American Educational Research Association).

Wasson, D. H., & Reinhartz, J. (in-press). *Understanding Gender Equity: An Ethnographic Assessment of Middle School Students' Gender Patterns in Learning Science, Technology, Engineering, and Math*. Washington, D.C.: ERIC Clearinghouse on Higher Education. (Paper refereed and ERIC request by the American Educational Research Association).

Jackson, M. H., & Wasson, D. H. (in-press). *Critical Thinking Requires Critical Doing: An Analysis of Students' Multicultural Experiences within Freire's Framework*. Washington, D.C.: ERIC Clearinghouse on Higher Education. (Paper refereed and ERIC request by the American Educational Research Association).

Scholarship: Published Proceedings and Abstracts

Wasson, D. H. & Jackson, M. H. (2002). Assessing Cross Cultural Sensitivity and Awareness: A Basis for Curricular Change. *15th Annual Conference on Race & Ethnicity in American Higher Education Resource Guide*, New Orleans, Louisiana.

- Jackson, M. H. & Wasson, D. H. (2002). Intuition as Protection Against Sexual Violence. In "Healing and hope: Pathways to recovery." *American Mental Health Counselors Association Annual Conference*, Atlanta, Georgia.
- Wasson, D. H., & Jackson, M. H. (2001). A Critical Incident Analysis for Examining Multicultural Awareness Among Pre-Professional Educators. *Southwestern Educational Research Association 25th Annual Conference* (abstract), Austin, Texas.
- Jackson, M. H & Wasson, D. H. (2001). The Relationship Between Personal Spirituality and Health Practice: Implications for Nursing and Health Professionals. *Fourth Annual Transcultural Nursing Association Conference Proceedings*, Biloxi, Mississippi.
- Wasson, D. H., & Jackson, M. H. (2001). Using Intuition, Empowerment, and Self Trust in Predicting Sexual Violence. *American Association of Sex Educators, Counselors, and Therapists 33rd Annual Meeting, Conference Proceedings*, San Francisco, California.
- Oswalt, S. & Hamilton, D. (1999). Building Better Leaders through Enhanced Self-Esteem. *National Association for Campus Activities Conference Proceedings*. Nashville, TN.
- Hamilton, D. & Jackson, M. (1999).). The impact of spirituality on the life of education professionals. *Tenth Annual Youth-At-Risk Conference*, Savannah, GA.
- Hamilton, D. & Oswalt, S. (1998). I'm Not perfect, But Parts of Me are Excellent. *National Association for Campus Activities Conference Proceedings*. Indianapolis, IN.
- Jackson, M. & Hamilton, D. (1997). Are research and spirituality compatible? *American Counseling Association World Conference Proceedings*. April 4-7, 1997, Orlando, FL.
- Hamilton, D. & Jackson, M. (1997). Implications for Phenomenology in Spirituality Research. *4th Qualitative Health Research Conference*. Sponsored by the School of Nursing, University of British Columbia.
- Hamilton, D. (1996). Intrinsic and extrinsic triggers for eating disorders relapse. *AAHE Research Coordinating Board. Association for the Advancement of Health Education. AAHPERD Annual Meeting*, Atlanta, GA.
- Hamilton, D. M. & Pajari, R. (1996). Effective communication among stakeholders: A key component for successful internship programs. *Proceedings of the Nineteenth National Conference on Teaching Public Administration*.
- Hamilton, D., Chopak, J. S., & Welle, H. M. (1996). Educational strategies for eating disorders prevention. *Seventh Annual Youth-At-Risk Conference*, Savannah, GA.
- Hamilton, D. (1995). The role of family dynamics in relapse patterns of female bulimics and binge eaters. *Georgia Rural Health Association Conference*, Savannah, GA.
- Hamilton, D. (1995). Understanding intrapersonal and interpersonal relapse patterns of female compulsive overeaters and bulimics. *Mu Kappa Chapter of Sigma Theta Tau International Honor Society of Nursing Research Symposium*.
- Hamilton, D. M. (1995). Understanding the role of family dysfunction and childhood abuse in the development of eating disorders among teens. *Sixth Annual Youth-At-Risk Conference*, Savannah, GA.

Hamilton, D. M. (1995). Affective factors in triggering eating disorders relapse: Implications for attribution theory. *Sociology In A Changing Environment: Georgia Sociological Association 31st Annual Meeting*.

Scholarship: Editorial/Reviewer Assignments

Reviewer, Alexander, L. L., LaRosa, J. H., & Bader, H. (2003). *New Dimensions in Women's Health* (3rd), Sudbury, MA: Jones and Bartlett Publishers.

Reviewer, *International Electronic Journal of Health Education*, 1997-2002.

Reviewer, *Journal of Health Behavior*, 1999-2001.

Reviewer, American Alliance for Health Education, Research Coordinating Board, *American Alliance for Health, Physical Education, Recreation and Dance Annual Conference*, 2000, Cincinnati, Ohio.

Reviewer, ASHA Outstanding Student Paper Award, *American School Health Association Conference*, 1999, Kansas City, Missouri.

Reviewer, Insel, Paul M. & Roth, Walton T. (1999). *Core Concepts in Health*, Mountain View, CA: Mayfield Publishing Company.

Reviewer, American Alliance for Health Education, Research Coordinating Board, *American Alliance for Health, Physical Education, Recreation and Dance Annual Conference*, 1998, Boston, Massachusetts.

Section Editor, Health Education, *Georgia Association for Health, Physical Education, Recreation and Dance Journal*, 1996-1998.

Reviewer, American Alliance for Health Education, Research Coordinating Board, *American Alliance for Health, Physical Education, Recreation and Dance Annual Conference*, 1997, Reno, Nevada.

Reviewer, American Alliance for Health Education, Research Coordinating Board, *American Alliance for Health, Physical Education, Recreation and Dance Annual Conference*, 1996, St. Louis, Missouri.

Reviewer, Hahn, D. B. & Payne, W. A. (1995). *Focus on Health*. St. Louis, Missouri: Moseby-Year Book, Inc.

Reviewer, Dodd, J., Abercrombie, J., & Lavsa, P. (1987). *Hands-On: Nutrition Education*. Pittsburgh, PA: Dairy & Nutrition Council Mid East.

Reviewer, National Dairy Council. (1991). *A Guide To Calcium Rich Foods*. (1991). Rosemont, Illinois: National Dairy Council.

Non-refereed Publications

Oswalt, S. B., Gjone, J., Cox, L. & Hamilton, D. (1997). *Real Choices Training Manual*. Sponsored by a grant from the National Collegiate Athletic Association and the Georgia Southern University Athletic Department and Health Education Office.

Hamilton, D. (April, 1992). Eating disorders: Are they addictions? *Recovery Connection*, 2, 6-7.

Hamilton, D. (March 3, 1992). Eating disorders: Counseling can help beat food problems. p. D5, *The Vindicator*, Youngstown, Ohio.

Hamilton, D. (February 28, 1992). Eating disorders. *The Jambar*, Youngstown State University, Vol. 71, p. 2.

Hamilton, Diane. (Winter, 1991) The flesh is willing--It's the spirit that is weak: A primer on fitness. *FYI*, p. 1-3, Columbus, Ohio: Diary & Nutrition Council Mid East.

Hamilton, D. M. (Fall, 1990). Eating disorders, *The Clinic Newsletter*, p. 3. Youngstown, Ohio: The Alcoholic Clinic of Youngstown.

FUNDED RESEARCH & PROJECTS

Hamilton, D., (**Principal Investigator**), & Reinhartz, J. (Co-Investigator) (2004-2005). Making Wellness Work for You: A Program to Address Obesity among College Freshmen. Office of Research, Office of the Provost, University of Texas at Arlington, **Funded: \$9,300.**

Wasson, D. H. (**Faculty Service Learning Grant**), (2004). Center for Community Service Learning, University of Texas at Arlington, **Funded: \$300.00**

Wasson, D. H., (**Principal Investigator**), & Reinhartz, J. (Co-Investigator) (2004). Women and Occupational Health: A leadership and communications program for enhancing success in science, math, engineering, and technology disciplines. Lockheed Martin Corporation and the Office of the Provost, University of Texas at Arlington, **Funded: \$6,000.**

Wasson, D. H., (**Principal Investigator**), Reinhartz, J. (Co-Investigator), Shelton, B. A. (Co-Investigator), and Peterson, L. (Co-Investigator). (2003). GRITS: Gender Resiliency in Technology and Science, National Science Foundation, **Not funded: \$898,000.**

Wasson, D. H. (**Principal Investigator**), Reinhartz, J., (Co-Investigator), (2002). Follow the Leader in You: Team Building and Leadership for Undergraduate Women, Lockheed-Martin Corporation, **Funded: \$3000.**

Wasson, D. H. (**Faculty Service Learning Fellow**), (2003). Center for Community Service Learning, University of Texas at Arlington, **Funded: \$1,700.**

Wasson, D. H. (**Principal Investigator**), Reinhartz, J., Shelton, B.A. & Peterson, L. (Co-Investigators). (2002). Using a near peer mentoring program to increase middle school girls' interest in science, math, engineering and technology. Project collaboration between the School of Education-Kinesiology Department, Women's Studies Program, and the College of Engineering at the University of Texas at Arlington. Funded by the University of Texas at Arlington, Office of the Provost, **Funded: \$11,500.**

Wasson, D. H. (**Project Director**) (2002). Research and Instructional Implications for Using a Community Service Learning Model to Teach Women's Health. Center for Community and Service Learning, University of Texas – Arlington. **Funded: \$500.00**

Wasson, D. H. (**Grant Consultant**). (2001-2003). Burkhalter, S, Harris, M., and Robertson, V. (Co-Investigators). North Texas Partnership for Parent Engagement, Partnership between the

University of Texas at Arlington, the University of North Texas, and Hurst, Eules, Bedford Independent School District. Funded by Metropolitan Life. **Funded**

Wasson, D. (**Principal Investigator**). & Jackson, M. (2000). Social attitudes and multicultural sensitivity across disciplines: A basis for curricular change. College of Education -- Crossing Borders Grant, Georgia Southern University. **Funded: \$300.00.**

Hamilton, D. (1998). The Faculty Development and Welfare Committee Grant to attend the American Alliance for Health, Physical Education, Recreation and Dance Convention in Reno, Nevada. Funding status: **Funded: \$1,2000.**

Hamilton, D. & Jackson, M. H. (**Principal Investigator**). (1997). Implications for Phenomenology in Spirituality Research. Funded by the Office of Academic Affairs, Office of the Provost, Georgia Southern University, **Funded: \$1,500.00**

Hamilton, D. M. (**Principal Investigator**), Oswald, S. & Guion, W. K. (1998). Right paths to pleasure: Sexuality and self-esteem. Funding source: The Brush Foundation, Cleveland, Ohio. **Not funded.**

Jackson, M (Principal Investigator) & Hamilton, D. M. (**Co-Investigator**). (1997). The impact of spirituality on the life of education professionals. Crossing the Border: College of Education Collaboration Grant, Georgia Southern University. **Funded: \$500.00.**

Hamilton, D., (**Principal Investigator**), Guion, W. K., & Kropp, J. (Co-Investigators). (1997). A retrospective study of the influences on childhood obesity: A focus group approach. Funding source: Georgia Southern University Faculty Research Grant. **Funded: \$1,4000.**

Hamilton, D. (**Consultant**). (1997). Oswald, S. (Principal Investigator), Farmer, S., Campaigne, D., Sharp, G., Cox, L. & Baynes, E. (Co-Investigators) Real choices: Alcohol free activities for middle and high school students. Funding source: National Collegiate Athletic Association. **Funded: \$5,000**

Hamilton, D. M., Chopak, J. S., Mikanowicz, C., & Fitzgerald, D. (**Co-Investigators**). (1995). An investigation of the health behaviors of students enrolled in health related professional preparation programs at two universities. Funding source: Youngstown State University Faculty Development Fund. **Funded: \$600.00**

Hamilton, D. M. & Jackson, M. (**Co-Investigators**). (1996) Concepts of spirituality and spiritual health among helping and health professionals. Collaborative project between the Departments of Health Science and Student Development at Georgia Southern University. **Funded: \$200.00**

Hamilton, D. M. (**Principal Investigator**). ,(1994). Relapse factors among female bulimics and compulsive overeaters. Funding source: Parkside Lodge, a Division of Parkside Medical Services. **Funded: \$500.**

Hamilton, D. M. & Enke-Turcer, C. (**Project Director**). (1992). Overcoming compulsive eating: An audiotape and listener's guide. Funding source: Parkside Lodge, a Division of Parkside Medical Services. **Funded: \$900.**

Hamilton, D. M. (**Consultant**). (1986). Beaubien, M. J. (**Principal Investigator**). Nutrition education for teachers. Funding source: Nutrition Education and Training (NET) Program. **Funded: \$4,000.**

Hamilton, D. (**Consultant**). (1985). Varma, R. (**Principal Investigator**). A self-instruction nutrition program for homemakers to lower the risk of cancer in the family. Funding Source: Cancer Consortium of Northeast Ohio. **Funded: \$5,000.00**

Hamilton, D. (**Consultant**). (1981-82) Ragon, B. (Principal Investigator). Project Panther Mahoning and Shenango Area Health Education Network, Health Education Risk Reduction Program. Ohio Department of Health; Grant No. 769-A1. **Funded: \$ 5,000.**

SCHOLARLY PRESENTATIONS

International Presentations

Don't disable teachers with disabilities: Making the teaching profession accessible. (2005). Hamilton, D. & Reinhartz, J. To be presented at the American Educational Research Association 2005 Annual Meeting, Montreal, Canada.

A Qualitative Investigation of Middle School Girls Interest and Participation in Science, Technology, Engineering, and Math. (2004). Reinhartz, J. & Wasson, D. H. Association of Colleges for Teacher Education Annual Meeting, Chicago, Illinois.

Implications for Phenomenology in Spirituality Research. Hamilton, D. & Jackson, M. (1997). 4th Qualitative Health Research Conference. Sponsored by the School of Nursing, University of British Columbia, Vancouver, BC.

Are Research and Spirituality Compatible? (1997). Jackson, M. & Hamilton, D. Paper presented at the American Psychological Association World Conference, Orlando, FL.

National Presentations

A Qualitative Analysis of the Role of Overeaters Anonymous in Women's Recovery from Bulimia Nervosa. (2003). Wasson, D. American Association for Health Physical Education, Recreation and Dance Annual Conference (AAHE Division – Research Coordinating Board), Philadelphia, Pennsylvania.

Vocational Wellness: Promoting Girls Participation and Retention in Science, Technology, Engineering, and Math (STEM): A Data Driven Gender Equity Approach. (2003). Reinhartz, J., & Wasson, D. H. (2003). Association of Colleges for Teacher Education Annual Meeting, New Orleans, Louisiana.

Shortchanging Students Shortchanges America: The Role of Decision Making Regarding Controversial Issues in School Curriculum. Wasson, D. H., & Reinhartz, J. (2003) American Educational Research Association Convention, Chicago: Illinois.

Understanding Gender Equity: An Ethnographic Assessment of Middle School Students' Gender Patterns in Learning Science, Technology, Engineering, and Math. (2003). Wasson, D. H., & Reinhartz, J. (2003) American Educational Research Association Convention, Chicago: Illinois.

Critical Thinking Requires Critical Doing: An Analysis of Students' Multicultural Experiences within Freire's Framework. (2003). Jackson, M. H., & Wasson, D. H. American Educational Research Association Convention, Chicago: Illinois.

Service Learning Pedagogy for Teaching Social Science and Health Promotion: Implications for Coursework in Race, Ethnicity and Gender. (2003). Wasson, D. H. & Gutierrez, J. A. Southwestern Social Sciences Association, San Antonio: TX.

Enhancing Vocational Wellness Using a Near Peer Mentoring Program to Increase Middle School Girl's Interest in Science, Math, Engineering and Technology. ((2002). Wasson, D., Reinhartz, J., Peterson, L. & Shelton, B. A. 16th Annual Women in Educational Leadership Conference, Lincoln, Nebraska.

A Critical Incident Analysis Approach to Diversity Training in Community Health Education. Wasson, D. H. & Jackson, M. H. (2002). 9th Annual Minority Health Conference, Dallas, Texas

Assessing Cross Cultural Sensitivity and Awareness: A Basis for Curricular Change. (2002). Wasson, D. H., & Jackson, M. H. 15th Annual National Conference on Race & Ethnicity in American Higher Education, New Orleans, Louisiana.

Intuition as a Cornerstone of Safety: Proactive Self-Protection Against Sexual Violence. (2002). Jackson, M. H. & Wasson, D. H. American Mental Health Counselors Association Annual Conference, Atlanta, Georgia.

A Critical Incident Analysis for Examining Multicultural Awareness Among Pre-professional Educators. (2002). Wasson, D. H. Southwestern Educational Research Association Conference, Austin, Texas.

Using Intuition, Empowerment, and Self Trust in Predicting Sexual Violence, (2001). Wasson, D. and Jackson, M. American Association of Sex Educators, Counselor, and Therapists 33rd Annual Conference, San Francisco, California.

The Relationship Between Personal Spirituality and Health Practice: Implications for Nursing and Health Professionals (2001). Jackson, M. and Wasson, D. Fourth Annual Transcultural Nursing Conference. American Transcultural Nursing Association, Biloxi, Mississippi.

The Internship Experience in Health Education, (2000). Wasson, D. and McLaughlin, J. American Alliance for Health, Physical Education, Recreation and Dance National Convention, AAHE, Orlando, Florida.

Enhancing Women's Health Through Complimentary Therapies (2000). Chopak, J., Hamilton (Wasson), D. Kolander, C. A., and Synovitz, L. American Alliance for Health, Physical Education, Recreation and Dance National Convention, AAHE, Orlando, Florida.

A Mentor is Not Just Santa Clause Without a Suit. (2000). Wasson, D. and Jackson, M. Eleventh Annual National Youth-At-Risk Conference, Savannah, Georgia.

Building Better Leaders through Enhanced Self-Esteem. Oswald, S. & Hamilton, D. (1999). National Association for Campus Activities Conference, Nashville, Tenn.

Techniques to Combat the High Cost of Low self Esteem. (1999). Hamilton, D. & Oswald, S. American Alliance for Health, Physical Education, Recreation and Dance National Convention, AAHE, Boston, Mass.

I'm Not perfect, But Parts of Me are Excellent. Hamilton, D. & Oswald, S. (1998). National Association for Campus Activities Conference, Indianapolis, IN.

Distract Me From My Dreaded Self: A Workshop to Enhance Self-Esteem. (1999). Oswald, S. & Hamilton, D. American College Health Association Annual Meeting, San Diego, CA

Hocus Pocus or Health Focus: The Role of Deep Breathing, Tai Chi, and Yoga and Meditation on Personal Health. Crider, D., Hamilton, D., Blair, K., Garman, F., & Maney, D. (1998) American Alliance for Health, Physical Education, Recreation and Dance National Convention, AAHE. Reno, Nevada.

Gender peace: Understanding men's and women's roles. Chopak, J. & Hamilton, D. (1998). 27th National School Health Conference of the American School Health Association, Colorado Springs, CO.

Implications for Phenomenology in Spirituality Research. Hamilton, D. & Jackson, M. (1997). 4th Qualitative Health Research Conference. Sponsored by the School of Nursing, University of British Columbia, Vancouver, BC.

The art of gentle eating: An experiential intervention. Hamilton, D. & Welle, H. (1997). Annual Meeting of the American Alliance for Health, Physical Education, Recreation and Dance, Association for the Advancement of Health Education section, St. Louis, MO.

Visions, Voices, & Reflections: Storytelling in Health Education. Goldsmith, M., Hamilton, D., Chopak, J., Ludwig, M., Welle, H., Bryant, L. (1997). Annual Meeting of the American Alliance for Health, Physical Education, Recreation and Dance, Association for the Advancement of Health Education section, St. Louis, MO.

Eating Disorders Prevention and Intervention: A School Based Approach. Welle, H. & Hamilton, D. (1996). Paper presented at the American School Health Association Conference, St. Louis, MO.

Effective Communication Among Stakeholders: A Key Component for Successful Internship Programs. Hamilton, D. M. & Pajari, R. (1996). Paper presented at the 19th Annual National Conference on Teaching Public Administration, Education Section. Savannah, Georgia.

Triangulation for Truth in Qualitative Research: Implications for Health Educators, Hamilton, D. (1996). Paper presented at the annual meeting of the American Alliance for Health, Physical Education, Recreation and Dance, Association for the Advancement of Health Education section, Atlanta, Georgia.

Intrinsic and Extrinsic Factors in Eating Disorders Relapse. (1996). Paper presented at the annual meeting of the American Alliance for Health, Physical Education, Recreation and Dance, Association for the Advancement of Health Education Research Coordinating Board. Atlanta, Georgia.

Educational Strategies for Eating Disorders Prevention. (1996). Hamilton, D., Chopak, J., & Welle, H. Paper presented at the Seventh Annual Youth At-Risk Conference, Savannah, Georgia.

Regional Presentations

A Model for Internship Experience in Health Education. (2000). McLaughlin, J. and Wasson, D., Georgia Association for Health, Physical Education, Recreation and Dance Convention, Jekyll Island, Georgia.

Respect, Empathy, and Congruence in Effective Student Mentoring. (2000). Jackson, M. A. and Wasson, D., Georgia Association for Health, Physical Education, Recreation and Dance Convention, Jekyll Island, Georgia.

Yoga, Meditation, and Aromatherapy. (2000). Wasson, D. and Chopak, J. Georgia Association for Health, Physical Education, Recreation and Dance Convention, Jekyll Island, Georgia.

The Impact of Spirituality on the Life of Education Professionals. Jackson, M. & Hamilton, D. (1999). Tenth Annual Youth-At-Risk Conference, Savannah, GA.

Complementary Therapies: A Primer for Health Educators. Chopak, J. & Hamilton, D. (1999). Southern District AAHPERD Convention, Greensboro, NC.

Putting students and teachers at ease: Creating a comfortable sex ed. classroom. Hamilton, D. & Chopak, J. (1998). Southern District AAHPERD Convention, Biloxi, MS.

Educational Strategies for Eating Disorders Prevention, (1997). Chopak, J. Hamilton, D., & Welle, H. Paper presented at the Southern District AAHPERD Conference.

All stressed up and nowhere to go. Hamilton, D. & Corwin, S (1997). Ninth Annual Youth-At-Risk Conference, Savannah, GA.

Understanding the Role of Family Dysfunction and Childhood Abuse in the Development of Eating Disorders Among Teens. (1995). Hamilton, D. Paper presented at the Sixth Annual Youth At-Risk Conference, Savannah, Georgia.

Understanding Intrapersonal and Interpersonal Relapse Patterns of Female Compulsive Overeaters and Bulimics. (1995). Hamilton, D. Paper presented at the research symposium of Mu Kappa Chapter of Sigma Theta Tau International Honor Society of Nursing.

Resistance to Recovery: Understanding and Influencing Eating Disorders Relapse. (1994). Hamilton, D. Paper presented at the Kent State University Health Promotion Conference, Kent, Ohio.

You've Got to Get Through the Outside Layer: Innovative Communication Strategies for Health Educators. (1993). Hamilton, D. Paper presented at the Kent State University Health Promotion Conference.

State Presentations

Service Learning in Women's Health: from Theory to Practice. Wasson, D. H. (2002). Research Division of the Texas Association for Health, Physical Education, Recreation, and Dance Annual Meeting, Fort Worth, Texas.

Multicultural Awareness and Empowerment among Health Educators. Wasson, D. H. & Jackson, M. H. (2002). Research Division of the Texas Association for Health, Physical Education, Recreation, and Dance Annual Meeting, Fort Worth, Texas.

Social Attitudes and Multicultural Sensitivity in the Classroom. Wasson, D. H. (2001). Georgia Association for Health, Physical Education, Recreation and Dance Convention, Jekyll Island, GA.

Children of Blended Families: Implications for Educators. Wasson, D. H. and Jackson, M. H. (2001). Georgia Association for Health, Physical Education, Recreation and Dance Convention, Jekyll Island, GA.

The Impact of Spirituality on the Lives of Health and Education Professionals. Hamilton, D. & Jackson, M. (1999). Research Division, Georgia Association for Health, Physical Education, Recreation and Dance Convention, Jekyll Island, GA.

The Impact of Spirituality on the Occupational Quality of Life of Education Professionals. Jackson, M. & Hamilton, D. (1998). Georgia School Counselors Association Fall Conference, Augusta, GA.

Sources of Job Stress: Implications for Health and Physical Educators. Hamilton, D. & Corwin, S. (1997). GAHPERD Convention, Jekyll Island, GA.

Communication Strategies for Designing Successful Internship Programs. Hamilton, D. & Pajari, R. (1996). Paper presented at the Georgia Political Science Association, Savannah, Georgia.

Understanding the Family Characteristics of Female Compulsive Overeaters and Bulimics. (1995). Hamilton, D. Paper presented at the annual meeting of the Georgia Association for Health, Physical Education, Recreation and Dance. Jekyll Island, Georgia.

Affective Factors in Triggering Eating Disorders Relapse: Implications for Attribution Theory. (1995). Hamilton, D. Paper presented at the annual meeting of the Georgia Sociological Association, Health and Medicine Section, Jekyll Island, Georgia.

Health Promotion, Prevention, and Intervention: A Symbiotic Relationship. (1995). Hamilton, D. Paper presented at the annual meeting of The Prevention Credentialing Consortium of Georgia, Atlanta, Georgia.

Toward Defining Health Education and Health Promotion: A Credentialing Initiative. (1995). Hamilton, D. Presented at the Prevention Credentialing Consortium of Georgia, Atlanta, Georgia.

The Role of Family Dynamics in Relapse Patterns of Female Bulimics and Binge Eaters. (1994). Hamilton, D. Paper presented at the Georgia Rural Health Association Conference, Savannah, Georgia.

Living in and Loving Your Body: Body Image and Self Esteem. (1994). Hamilton, D. Paper presented at the symposium "Women's Studies and Women's Programs," Youngstown State University.

Appearance Discrimination in American Culture, (1994). Hamilton, D. & Schacker, S. Paper presented at the Coalition for Cultural Diversity Conference, Youngstown State University.

Learning To Like Me: Professional Self-Esteem Enrichment. (1989). Hamilton, D. Professional training for home economists, West Virginia Association of Extension Home Economists 1989 Spring Conference, White Sulphur Springs, West Virginia.

Adolescence and Self-Esteem, (1988). Hamilton, D. Paper presented at the meeting of the Northwest Pennsylvania Dietetic Association, Erie, Pennsylvania.

Dietary Issues in Cancer Prevention, (1987). Hamilton, D. Paper presentation at the Cancer Resource Center of Northeastern Ohio Universities College of Medicine annual symposium, Rootstown, Ohio.

Body Image and Youth, (1986). Hamilton, D. Presented at the Conference on Food, Fitness and Children, Parkersburg, West Virginia.

University Presentations

Social Attitudes and Multicultural Sensitivity in the Classroom: Implications for Health Education Curriculum Design. (2002). School of Education Research, University of Texas at Arlington.

Stress Management Training, Hamilton, D. (1999). Department of Human Resources, Georgia Southern University.

This Life is Not A Dress Rehearsal: Paths to Spiritual Development. Hamilton, D. & Fletcher, L. (1999). Presented for National Eating Disorders Awareness Week, Georgia Southern University.

Alcohol Abuse and Family Systems. (1998). Hamilton, D. Presented for the Alcohol Education Program, Georgia Southern University.

Fatism: A Cultural Discrimination. (1996). Hamilton, D. & Welle, H. Presented for National Eating Disorders Awareness Week, Georgia Southern University.

Eating Disorders: From Relapse to Recovery. (1995) Hamilton, D. Presented at the Addictions Update Conference, Georgia Southern University.

The Art of Gentle Eating. (1995). Hamilton, D. & Welle, H. CLEC Lecture Series. Georgia Southern University.

Counseling and Health Promotion: Partnerships in Collaboration, (1995). Hamilton, D. Keynote address for the 1st Annual Chi Sigma Iota Honorary Society Awards Ceremony, Georgia Southern University Chapter.

Alcohol Abuse and Self Esteem. (1995). Hamilton, D. Presented for the Alcohol Education Program, Georgia Southern University.

Relapse Prevention Strategies for Women Recovering from Eating Disorders. (1995). Hamilton, D. Presented at the Georgia Southern University Women's Awareness Week.

Program Planning for Nursing & Health Professionals, (1994). Hamilton, D. Presented to the Department of Nursing, Georgia Southern University.

Dental Implications of Bulimia, (1992). Hamilton, D. Presented for the Dental Hygiene program at Youngstown State University.

Eating Disorders: The Importance of Early Intervention. (1992). Hamilton, D. Presented at the Women's Awareness Symposium sponsored by the Women's Resource Center and the Health Enrichment Center, Youngstown State University.

Mirror. . .Mirror. . .Women, Self-Esteem and Body Image (1990). Hamilton, D. Presented for Holistic Health Month at Youngstown State University, Youngstown, Ohio.

Facilitating Behavior Change. (1990). Hamilton, D. Teacher in-service presentation. University of Akron, Akron, Ohio.

Facilitating Behavior Change, (1986). Hamilton, D. Presented at the State Health Educators Council of West Virginia, Seventh Annual Conference.

Invited Presentations

Relapse Triggers in Bulimia and Binge Eating, (1995). Hamilton, D. Presented to the Ogeechee Wellness Council.

Childhood Health and Nutrition, (1991). Hamilton, D. Presented at the annual meeting of the Ohio Hunger Task Force (Trumbull and Mahoning counties), sponsored by the Trumbull County Department of Human Services, Warren, Ohio.

The Elderly and Health Quackery. (1990). Hamilton, D. Presented at the meeting of the District XI Area Agency on Aging, Warren, Ohio.

Women, Dieting, and Body Image. (1990). Hamilton, D. Presented at the Professional Women's Roundtable Luncheon, Woman to Woman Program, Youngstown, Ohio.

Health Behavior Trends for the 90's. (1990). Hamilton, D. Presented at the Mahoning Valley Restaurant Association Annual Conference, Youngstown, Ohio.

Hands-On Education. (1990). Hamilton, D. Presented to the Mahoning Valley Dietetic Association, Warren, Ohio.

Nutrition Education Methods for Nursing Home Patients. (1990). Hamilton, D. Professional in-service, All American Food Specialists, Wadsworth, Ohio.

A Woman's Guide to Health Issues. (1990). Hamilton, D. Presented at annual conference sponsored by the Columbiana County Health Department and the Ohio Department of Health, Columbiana, Ohio.

The Diagnosis and Treatment of Eating Disorders. (1990). Hamilton, D. Counselor in-service training, The Clinic--Alcoholism & Drug Dependence Treatment Center, Youngstown, Ohio.

Images of Women in Contemporary Media. (1989). Hamilton, D. Presented at a conference sponsored by the Speech and Communications Department at Thiel College, Greenville, Pennsylvania.

Adolescence and Self-Esteem, (1989). Hamilton, D. Teacher in-service for GRADS Coordinators, Youngstown City Schools, Youngstown, Ohio.

Women and Wellness (1989). Hamilton, D. Presentation for the Mahoning Valley Association of Jewish Women, Youngstown, Ohio.

Body Image Disturbances in Eating Disorders Patients, (1988). Hamilton, D. Professional training for the Tri-County Eating Disorders Program, The Medical Center of Beaver County, Pennsylvania.

Nutrition and Health Issues in Aging, (1988). Professional training for the Columbiana County Area Agency on Aging, Lisbon, Ohio.

Women, Body Image, and Self-Esteem (1987). Hamilton, D. Paper presented at the Focus On Nutrition Annual Conference, sponsored by the Allegheny Health Department, Pittsburgh, Pennsylvania.

Nutritional Issues in Athletic Training and Competition, (1987). Hamilton, D. Teacher in-service training, Mercer County Schools, Pennsylvania.

Learning to Like Me: Adolescence and Body Image, (1987). Hamilton, D. Teacher in-service training, Allegheny Intermediate Unit, Pennsylvania Department of Education, Pittsburgh, Pennsylvania.

Women and Wellness, (1986). Hamilton, D. Presented at the East Liverpool City Hospital Wellness Conference, East Liverpool, Ohio.

.Adolescence and Self-Esteem, (1986). Hamilton, D. Paper presented at the Focus On Nutrition Annual Conference, sponsored by the Allegheny Health Department, Pittsburgh, Pennsylvania.

Understanding Cardiovascular Disease Risk, (1986). Hamilton, D. Presented at the Mercer County Schools Cooperative In-Service Program, Mercer, Pennsylvania.

Nutritional Issues for Young Children, (1985). Hamilton, D. Presented the TRU-MAH-COL Society for the Advancement of Early Childhood Education Conference, Youngstown, Ohio.

Hands-On Education in Home Economics Classrooms, (1984). Hamilton, D. Presented to the Youngstown Home Economics Association, Youngstown, Ohio.

Eat to Win: A Coaches Guide to Improving Athletic Performance, (1984). Hamilton, D. Coaches and athletic trainers in-service, Mercer County Schools, Mercer, Pennsylvania.

Nutrition Education Methods and Materials, (1984). Hamilton, D. Nursing in-service training, Warren General Hospital, Warren, Ohio.

Hands-On Education for Dietitians, (1984). Hamilton, D. Presented at a meeting of the Mahoning Valley Dietetic Association, Youngstown, Ohio.

A Coaches Guide to Improving Athletic Performance, (1984). Hamilton, D. Coaches and athletic trainers in-service, Union Area High School, New Castle, Pennsylvania.

Merchandising School Lunch, (1983). Hamilton, D. Presented at the annual meeting of the Mercer County School Foodservice Association, Mercer, Pennsylvania.

Hands-On Methods in Patient Education, (1983). Professional staff training, St. Joseph Riverside Hospital, Warren, Ohio.

Patient Counseling Methods, (1983). Hamilton, D. Professional staff training, Sharon General Hospital, Sharon, Pennsylvania.

Merchandising School Lunch, (1982). Hamilton, D. Presented at the annual meeting of the Lawrence County School Foodservice Association, New Castle, Pennsylvania

Nutrition Misinformation and Quackery, (1982). Hamilton, D. Nursing and dietetics staff in-service, Ellwood City Hospital, Ellwood City, Pennsylvania.

Teaching Nutrition to the Developmentally Disabled, (1982). Hamilton, D. Professional staff training for the Youngstown Developmental Center, Mineral Ridge, Ohio.

Nutritional Needs of the Elderly, (1982). Hamilton, D. In-service training for the Mahoning County Nutrition Program for the Elderly, Youngstown, Ohio.

Nutrition and Behavior: Is There a Connection? (1982). Hamilton, D. Teacher in-service, New Castle School District, New Castle, Pennsylvania.

Nutrition Education Methods for K-12, (1982). Hamilton, D. Nursing staff in-service, Columbiana County Health Department, Lisbon, Ohio.

General Nutrition Education Methods, (1981). Hamilton, D. Presented to the nursing staff of Health Maintenance Plan, Blue Cross/Blue Shield, Cortland, Ohio.

Maternal Health and Nutrition, (1981). Hamilton, D. In-service training for the Women' Infant's and Children's Program of Mahoning County, Youngstown, Ohio.

Nutrition and Early Childhood, (1981). Hamilton, D. In-service training for the Child Life Education Program, Youngstown Hospital Association, North Unit, Tod's Babies and Children's Hospital, Youngstown, Ohio.

Normal and Therapeutic Nutrition, (1981). Hamilton, D. In-service training for home health aides at the James Gordon Career Center, Warren, Ohio.

Nutrition Education Methods for Patient Care, (1981). Hamilton, D. Dietetics staff in-service training, Trumbull Memorial Hospital, Warren, Ohio.

Hands-On Methods for Prenatal Education, (1981). Hamilton, D. In-service training for nursing staff of the Prepared Childbirth Program, Trumbull Memorial Hospital, Warren, Ohio.

Consultancies and Advisory Positions

Health Education Consultant, American Cancer Society, Forth Worth, Texas (2003-2004).

Nutrition Education Consultant, Inches Aweigh Weight Loss Program, Arlington, Texas (2003).

Grant Advisor, Ogeechee Women's Domestic Violence Project, Statesboro, Georgia (1995-1996).

Grant Consultant, "Creative Dance for High Risk Youth." Burke Transitional School Waynesboro, Georgia (Spring, 1995).

Program Advisor for "Women's Mentoring Workshops: New Directions for Multi-Cultural Experiences for Women and Girls," Program sponsored by the Southeast Georgia Cooperative Regional Prevention Resource Center, (Spring 1995).

Program Advisor for "Men's Mentoring Workshops: Making Mentoring Work." Program sponsored by the Southeast Georgia Cooperative Regional Prevention Resource Center (Spring 1995).

Nutrition Education Consultant, Project Head Start in Columbiana, Mahoning, and Trumbull counties in Ohio and Lawrence and Mercer county in Pennsylvania (1983-1985).

Chemical Dependency Program Consultant, The Clinic, Youngstown, Ohio (1988-1993)
Worksite Wellness Consultant, Ohio Bell Telephone Company, Employee Wellness and Weight Management Program (1984-1985).

Service to the University

Eating Wellness Consortium; Eating Wellness Screening Program -- Western Illinois University (2008)

Budget Oversight Committee of the University of Texas at -- Arlington Faculty Senate Subcommittee (2003-present)

University of Texas at Arlington Policies and Procedures Committee (2003-present)

University of Texas at Arlington Faculty Senate (2003-2006).

University of Texas at Arlington, Center for Community Service Learning Board (2002-present).

Health and Wellness Committee, University of Texas at Arlington (2003-present).

Women's History Month Advisory & Planning Committee, Women's Studies Program, University of Texas at Arlington (2002 & 2003).

Expanding Your Horizons Advisory Committee, Women's Studies Program, University of Texas at Arlington (2002 & 2003).

Eating Disorders Task Force Committee Chair, University of Texas at Arlington, (2001-present).

Women's Studies Advisory Board member, University of Texas at Arlington (2001-present).

Georgia Southern University, Office of Judicial Affairs, Program Review-Accreditation Committee (2001).

Georgia Southern University Wellness Council member, Faculty and Staff Wellness Subcommittee member and Wellness Event Subcommittee member (2000-present)

Phi Kappa Phi Undergraduate Research Symposium Committee (1996-present)

Council for the Advancement of Standards in Higher Education: Judicial Programs and Services Standards Committee (2001)

Georgia Southern University, Alcohol and Drug Issues Policy Council member, Task Force Coordinated by the Office of Academic Affairs, Judicial Affairs Department.

The Tent Event-Georgia Southern University, (program to bring community awareness to the homeless). Faculty Advisor, Coordinated by Coordinated by Volunteer Services and Outreach Programs. (1999).

Georgia Southern University Faculty Senate member, representing the College of Health and Professional Studies (1998-present).

Georgia Southern University Senate, Campus Life and Enrichment Committee member (1996-1999) (Elected as the representative of the College of Health and Professional Studies for a three year term).

Georgia Southern University Judicial Board member (1997-2000).

Faculty Advisor, Phi Sigma Pi National Honor Fraternity, Georgia Southern Chapter.

Georgia Southern University, Office of Career Services, Search Committee member for the Career Resource Specialist position, (1998).

Georgia Southern University, Office of Career Services, Search Committee member for the Assistant Director position, (1998).

Georgia Southern University, Committee on Scholarly Misconduct Policy, (1996-1997).

Georgia Southern University, Alcohol and Drug Issues Policy Council, Office of Academic Affairs, Judicial Affairs Department, (1996-1997).

Georgia Southern University, Alcohol and Drug Policy Task Force, Office of Academic Affairs, (1998-1999).

The Honor Society of Phi Kappa Phi, Chapter 123, Georgia Southern University, Honors Committee member (1994-1995), Scholarship Committee member (1994-1996).

Georgia Southern University, Alcohol Abuse Awareness Week Committee member, (1996-1997).

Georgia Southern University, Eating Disorders Awareness Week Committee member, (1997-1998), (1995-1996), (1994-1995); Co-Chair of the Women's Research Breakfast, (1997).

Service to the College

Dean's Advisory Committee, Georgia Southern University, College of Health and Professional Studies, (1995-1996).

Faculty & Staff Wellness Committee, Georgia Southern University, College of Health and Professional Studies (1994-1995).

Faculty Research Award Committee, Georgia Southern University, College of Health and Professional Studies, Southern University (1994-1995).

Service to the Department

Chairperson, Exercise Science Activities Committee, Kinesiology Department, University of Texas at Arlington (2003).

Research Committee, Kinesiology Department, University of Texas at Arlington, (2001-present).

Curriculum Committee, Kinesiology Department, University of Texas at Arlington, (2001-present).

Marketing and Public Relations Committee, Kinesiology Department, University of Texas at Arlington, (2001-present).

Health Behavior Club Faculty Advisor, Department of Health and Kinesiology, Georgia Southern University (2000-present).

Departmental Institutional Review Board (DIRB), Department of Health and Kinesiology, Georgia Southern University (1998-2001).

SABPAC Accreditation Self-Study: Prepared the SABPAC Self-Study document as part of the requirements for program approval/accreditation of the Bachelor of Science in Health Science, Health and Kinesiology Department, Georgia Southern University. A site visited is planned for Fall 2001 and final program approval anticipated by the close of Fall Semester 2001.

Program Review Document: Bachelor of Science in Health Science, Community Health and Health Behavior Majors. Wrote the Bachelor of Science in Health Science Program Review document for the Health and Kinesiology Department. (All GSU programs will be reviewed by the Board of Regents during academic year 2000-2001).

Undergraduate Program Council, Department of Health and Kinesiology, Georgia Southern University (1998-present).

Health and Kinesiology Governance Committee member, Georgia Southern University, (2000-2001)

Health and Physical Education Pedagogy Search Committee member, Department of Health and Kinesiology, Georgia Southern University (1998-99).

Promotion and Tenure Committee, Department of Health and Kinesiology, Georgia Southern University (1998-99).

Program Coordinator, B.S. in Health Science degree with a major in Health Behavior, Department of Health and Kinesiology, Georgia Southern University, (1998-present).

Internship Policy Committee member, Department of Health and Kinesiology, Georgia Southern University, (1996-present).

Program Coordinator, B.S. in Health Science degree with a major in Health Promotion, Department of Health and Kinesiology, Georgia Southern University, (1996-1998).

Health Science Cluster facilitator, (1997-1998); member, (1999-present). Department of Health and Kinesiology, Georgia Southern University.

Community Health Search Committee member, Department of Health and Kinesiology, Georgia Southern University (1997).

Biophysical Foundations Search Committee member, Department of Health and Kinesiology, Georgia Southern University (1996).

Five Year Planning Task Force member, Department of Health and Kinesiology, Georgia Southern University, (1996-1998).

Curriculum Review & Revision Committee for the Health Promotion major, Department of Health Science, Georgia Southern University (1994-1995).

Coordinated Program in Dietetics (CPD) Advisory Committee, Youngstown State University, Department of Home Economics, (1988-1990) and reappointed for a second term (1991-1993).

PROFESSIONAL SERVICE ACTIVITIES

Service Activities for National Associations

Delegate to the General Assembly of the American Alliance for Health, Physical Education, Recreation and Dance meeting, Orlando, Florida (2000)

Reviewer for the American School Health Association Outstanding Student Paper Award (2000)

Reviewer for the Research Coordinating Board, AAHE Section of the 2001 American Alliance for Health, Physical Education, Recreation and Dance Conference.

Manuscript reviewer for the International Electronic Journal of Health Education, (1997-present).

Reviewer for the American School Health Association Outstanding Student Paper Award (1999)

Reviewer for the Research Coordinating Board, AAHE Section of the 1999 American Alliance for Health, Physical Education, Recreation and Dance Conference.

Manuscript reviewer for the International Electronic Journal of Health Education, (1997-present).

Reviewer for the American School Health Association Outstanding Student Paper Award (1998).

Delegate to the American Alliance for Health, Physical Education, Recreation and Dance General Assembly representing the Georgia Association for Health, Physical Education, Recreation and Dance (1999).

Reviewer for the Research Coordinating Board, AAHE Section of the American Alliance for Health, Physical Education, Recreation and Dance Conferences (1998).

Manuscript reviewer for the International Electronic Journal of Health Education, (1997-present).

Service Activities for Regional and State Association

Delegate to the Southern District American Alliance for Health, Physical Education, Recreation and Dance General Assembly representing the Georgia Association for Health, Physical Education, Recreation and Dance (2000)

Served as Vice-President for Health, Georgia Association for Health, Physical Education, Recreation, and Dance (1999-2001).

Served as a member of the committee to select the Outstanding Health Educator for the Georgia Association for Health, Physical Education, Recreation, and Dance 1999 Conference.

Delegate to the Southern District American Alliance for Health, Physical Education, Recreation and Dance General Assembly representing the Georgia Association for Health, Physical Education, Recreation and Dance (1999).

Coordinated the Health Division program activities and scheduling for the 1999 GAHPERD Conference, Jekyll Island, Georgia

Recruit candidates for Vice-President Elect for Health for the 1999 GAHPERD election.

Nominated for the Southern District American Association for Health, Physical Education, and Dance office of Vice President-Elect for Health (1999).

Reviewed paper proposals and coordinated activities for the Health Division for the Georgia Association for Health, Physical Education, Recreation, and Dance 1999 Conference.

Served as Vice President-Elect for Health, Georgia Association for Health, Physical Education, Recreation, and Dance (1998-1999).

COMMUNITY SERVICE

Board Memberships

American Cancer Society, Generation Fit Project Committee, Fort Worth, Texas (2003).

Pineland MH/MR/SA Prevention Task Force Advisory Board Member, Southeast Cooperative Prevention Resource Center, Statesboro, GA. (1998-present).

The Prevention Credentialing Consortium of Georgia, Member of the Executive Board of Directors and The Credentialing Competencies and Testing Committee (1995-1997).

Ogeechee Wellness Council of Bulloch County, Statesboro, Georgia, member (1995-1997).

Partnership for Families Coalition, The University of Georgia Cooperative Extension Service, Statesboro, Georgia, member (1995-1997).

Ogeechee Health Fair Planning Committee, Ogeechee Wellness Council, Statesboro, Georgia (1996).

Pineland Mental Health, Mental Retardation, and Substance Abuse Task Force, Statesboro, Georgia 1995-1999).

Southeast Georgia Cooperative Prevention Resource Center, Board Member (1994-1997).

Planned Parenthood of Mahoning Valley, Youngstown, Ohio; An affiliate of Planned Parenthood Federation of America, executive board member (1989-92); Chairperson for the Education and Public Affairs Committee, (1990-91).

Woman-to-Woman Program, Western Reserve Health Care System, Youngstown, Ohio. board member, (1990-1993).

Churchill Counseling Services, Hubbard, Ohio, board member (1989-1992).

Mahoning County Project Head Start Program, Youngstown, Ohio; Policy Council member (1982-1984); Member of the By-Laws Subcommittee (1982); Chaired the Health Assessment Committee (1981); Nutrition Subcommittee (1989-1991).

Northeastern Ohio Chapter of the American Diabetes Association, Board of Directors (1984-1985).

Conference Coordinator Positions

Coping With the Challenges of Feeding the Young Child. (April 18, 1990). Target audience: Preschool educators and dietitians. Sponsoring agencies: Dairy & Nutrition Council Mid East, Youngstown State University, and Tru-Mah-Col Association for Education of Young Children.

Promoting Health and Wellness. (May 13, 1988). Target audience: Health educators and allied health professionals. Sponsoring agencies: Mahoning and Shenango Area Health Education Network, the Dairy & Nutrition Council Mid East, and the Department of Health and Physical Education, Youngstown State University.

Contemporary Nutrition Update: Minerals (April 22, 1985). Target audience: Dietitians and allied health professionals. Sponsoring agency: The Dairy & Nutrition Council Mid East.

Nutrition for Sport. (March 8, 1982). Target audience: Health professionals, educators, and coaches. Sponsoring agencies: Youngstown State University, Home Economics Department, Dairy & Nutrition Council Mid East, and the Mahoning Valley Dietetic Association.

Is Anyone Really Listening: Strategies for Effective Communication. (October 22, 1981).

Target audience: Allied health professionals and health educators. Sponsoring agency: The Dairy & Nutrition Council Mid East.

INSTRUCTIONAL ACTIVITIES

Awards

Chancellor's Council Outstanding Teaching Award. (current nominee). (2005).

Arlington Star Telegram Service Learning Faculty Award (nominee/finalist), (2003). Nominated by Pauline Maxwell, Kinesiology Department, University of Texas at Arlington.

Outstanding Instruction Award (nominee), College of Health and Professional Studies (2001). Nominated by Dr. Charles Hardy, Department Health, Health and Kinesiology, Georgia Southern University.

Outstanding Student Presentation Award, (2001). Health Behavior Club (Amanda Roberson, Kristin Kelly, Carleatha Huff, Jori Meier, Nicole Harville, Monica Squires, and Andy Boretsky) *A Model for Successful Health Behavior Change*, Georgia Association for Health, Physical Education, Recreation and Dance Convention, Jekyll Island, GA. (Faculty Advisor)

Teaching Effectiveness

Overall Course Evaluations for Undergraduate Courses: University of Texas at Arlington (2001-present)

- Average range of evaluations (1.5-2.0) based on a maximum scale of 5.0.

To what extent has this course increased your understanding of gender?

- 88% of participants rated this course at #1 or #2.

To what extent did this instructor help students think about the relevance of the course material?

- 90% of participants rated this course at #1 and #2.

The following Likert Scale (1=excellent; 2=very good; 3=good; 4=poor, and 5=unacceptable) was used to evaluate answer the evaluation question:

Overall, how would you rate this course?

- 85% of participants rated the course at #1 (excellent) or #2 (very good)
- 98% of participants rated the course at #1, #2, or #3

Course Evaluations - Georgia Southern University (1999-2001)

Undergraduate Course evaluations including both undergraduate and graduate courses taught at Georgia Southern University between Academic Years 1998-2001 are provided below. Data indicate high levels of student satisfaction with their educational preparation and classroom experiences. The following Likert Scale (1=strongly disagree; 2=disagree; 3=undecided; 4=agree, and 5=strongly agree) was used to evaluate each evaluation question. The overall means for questions #1-18 are listed below:

<u>Evaluation Question</u>	<u>1999</u>	<u>2000</u>	<u>2001</u>
(1). Excellent teacher	4.3	4.3	4.4
(2). Instructor motivates me	4.1	4.3	4.2
(3). Instructor showed concern for students	4.3	4.4	4.3
(4). Instructor is well prepared	4.3	4.5	4.4
(5). Instructor is enthusiastic	4.5	4.5	4.5
(6). Would recommend instructor to a friend	4.4	4.4	4.5
(7). Presents material clearly	4.2	4.4	4.3
(8). Evaluates fairly	4.3	4.4	4.6
(9). Gives good examples and illustrations	4.2	4.4	4.5
(10). Written assignments are relevant to coursework	4.2	4.5	4.4
(11). Treats students with respect	4.5	4.5	4.7
(12). Instructor enjoys teaching	4.4	4.6	4.6
(13). Uses class time well	4.2	4.4	4.2
(14). Requirements were clear from beginning	4.3	4.4	4.2
(15). Sets high standards for students	4.2	4.3	4.4
(16). Instructor relates well with students	4.4	4.5	4.4
(17). Exams cover important course aspects	4.3	4.3	4.1
(18). Gained good understanding of concepts	4.2	4.4	4.3

In addition, the percentage of students across all classes (graduate and undergraduate-1998-2000) ranking each evaluation question at a level of four or greater (4+) for Questions # 1-18 is provided below. (Likert Scale: 1=strongly disagree; 2=disagree; 3=undecided; 4=agree, and 5=strongly agree)

<u>Evaluation Question</u>	<u>1998-2001</u>
(1). Excellent teacher	95%
(2). Instructor motivates me	
(3). Instructor showed concern for students	93%
(4). Instructor is well prepared	91%
(5). Instructor is enthusiastic	93%
(6). Would recommend instructor to a friend	95%
(7). Presents material clearly	88%
(8). Evaluates fairly	95%
(9). Gives good examples and illustrations	93%
(10). Written assignments are relevant to coursework	95%
(11). Treats students with respect	100%
(12). Instructor enjoys teaching	
(13). Uses class time well	84%
(14). Requirements were clear from beginning	96%
(15). Sets high standards for students	91%
(16). Instructor relates well with students	97%
(17). Exams cover important course aspects	84%
(18). Gained good understanding of concepts	85%

Graduate Course Instruction

The following graduate courses are taught as part of the Master of Education at the University of Texas at Arlington.

Classroom Ethnography in Action (EDUC 5396)

Surveys researchable issues and techniques, which assist in selecting research strategies for more intensive investigation. Strategies for implementing action research will be emphasized for students to conduct their own action research projects.

Diversity in Secondary Schools (EDUC 5310)

This course provides an overview of the diverse populations in today's schools. Urban, suburban, and rural school communities and populations are addressed with attention given to such diversity issues as human growth and development, culture, ethnicity, ability, gender, language, religion, race, sexual orientation and socioeconomic status. Effective leadership, instruction, and strategies for work in diverse educational settings are included.

Educational Research and Evaluation (EDUC 5322)

This course provides an overview of the basic concepts and procedures necessary for analyzing, designing, and conducting quantitative and qualitative educational studies. A focus on educational research, including empirical research investigations, data collection and interpretation, and basic statistical analysis is included. Also, there will be a focus on educational evaluation involving accreditation and appraisal of personnel and educational programs/materials.

The following graduate course was taught as part of the Master of Public Health – Community Health Education program at Georgia Southern University.

Health Promotion Planning and Evaluation (HLTH 7232)

Introduced the student to the theory and application of planning and evaluation principles. Planning and evaluation skills were developed that can be utilized in a variety of health-related settings.

The following graduate courses were taught as part of the Master of Education in Health Education program at The Pennsylvania State University.

Alcohol and Drug Education (Health Education 497.16)

Explored the use of legal and illegal drug use in modern society. Issues related to the social, cultural, political, legal, and economic impact of drug use and abuse was addressed. Guidelines for prevention, intervention, and treatment of chemical dependency for a variety of target populations were provided.

Anorexia and Bulimia Concepts for Educators (Health Education 497.14)

Defined eating disorders and examined the social, cultural, psychological, and physical implications of eating disorders among teens. The role of the school in education, intervention, and treatment of eating disorders was addressed.

Behavioral Health (Health Education 497.32)

Examined the concepts, theories, and models of human behavior change that are related to health issues and programs. Strategies for implementing health behavior change programs in a variety of settings, with diverse target populations, were discussed.

Evaluation in Health Education (Health Education 497.19)

Overviewed data collection, interpretation and reporting in health-related research. Also addressed ethical issues in health research in diverse populations. Emphasis was placed on the developing research proposals and grant applications.

Program Planning in Health Education (Health Education 415.0)

Outlined the PRECED-PROCEDE Model for developing, implementing, and evaluating programs in school, community, and worksite settings.

Stress Management (Health Education 497.28)

Examined the concepts, theories, and models of stress theory and management with an emphasis on developing interventions and mobilizing support in a variety of health-related settings.

Self Esteem Enhancement & Development (Health Education 497.22)

Addressed theories of self esteem development and change as they relate to health behaviors as well as identified strategies for enhancing self esteem among youth in school settings.

Undergraduate Course Instruction

The following undergraduate course is taught as part of the Women's Studies and Health Education minors at the University of Texas at Arlington.

Women's Health Issues (WOMS 3305) (HEED 3305)

This course is intended address specific issues of importance to women and their health, including growth and development, nutrition, reproductive health, pregnancy, chronic diseases and relationship/family issues.

Principles of Applied Nutrition (HEED 3301)

This course addresses the basic principles of nutrition and how food choices affect health. Students will learn to recognize when the scientific method of investigation has been used to evaluate information regarding nutrition and to describe the essential nutrients and their functions in the body. Development of nutritional plans based on the basic nutrient content of foods and their usefulness to the human body is a major focus of this course.

Principles of Health Applications (HEED 3301)

This course is designed to integrate the information base of health studies into action plans for organizations and agencies. It also explores techniques and practices for improving personal communication effectiveness with both individuals and groups. An overview of the literature on group dynamics and self-directed health behavior change will be provided, focusing on skills for working with individuals and for leading and facilitating groups.

Principles of Sexuality Education (HEED 4330)

This course explores contemporary issues in human sexuality and prepares health professionals to conduct sexuality education with diverse populations in a variety of settings, such as the school, community, and worksite. Students are taught to develop sexuality education programs in accordance with the Sexuality Information and Education Council of the United States (SIECUS) guidelines.

The following undergraduate courses were taught as part of the Bachelor of Science, major in Health Behavior at Georgia Southern University.

Theories of Health Behavior Change (HLTH 3330)

Introduces students to the learning and behavioral science theories that provide a framework for the practice of health education/promotion. An application of behavioral science theories for planning and implementing health promotion/education programs for individuals, groups, families, and communities is included.

Health Promotion Program Planning (HLTH 3111)

Provided the student with the theory and practical applications of planning, developing, implementing, and evaluating health promotion programs in a variety of settings. The focus included a global approach to planning with emphasis on the worksite, hospital and community settings for health promotion programming.

Stress Theory and Management in Health Promotion (HLTH 3331)

Explored issues related to the etiology of stress and stressors with emphasis on environmental, organizational, interpersonal, and individual patterns of stress in various health promotion settings. Competency in the active management of stress and mobilizing support in health settings was evaluated.

Individual and Group Strategies for Health Behavior Change (HLTH 4331)

Explored techniques and practices for improving personal communication effectiveness with both individuals and groups. An overview of the literature on group dynamics and self-directed health behavior change was provided. The course focused on skills for working with individuals and for leading and facilitating groups.

Healthful Living (HLTH 1520)

Introduced students to fundamental concepts associated with healthful living throughout the life span in modern society. Course content focused upon the promotion of health and wellness within individuals, families, and communities through an understanding of healthful living, development of healthy lifestyles, and avoiding or overcoming harmful habits.

Senior Seminar in Health Behavior (HLTH 4619)

Provided senior level Health Behavior major students with a colloquium in which to discuss current issues and topics, with a focus on professional ethics, professional employment opportunities, internships, development and growth and current research themes within the profession.

Internship in Health Behavior (HLTH 4799)

Provided on-campus faculty supervision to senior level Health Behavior major students completing an applied experience in an appropriate health setting.

The following undergraduate courses were taught as part of the Bachelor of Science, major in Health Promotion at Georgia Southern University.

Needs Assessment in Health Promotion (HTH 431)

Examined a variety of techniques for assessing the health promotion needs of various target populations. An overview of the settings, specific target audiences, and qualitative and quantitative assessment techniques were provided.

Sexuality Education for the Health Professions (HTH 351)

Explored contemporary issues in human sexuality and prepared health professionals to conduct sexuality education with diverse populations in a variety of settings, such as the school, community, and worksite.

Personal Health Promotion (HTH 131)

Emphasis was placed on critical health issues. This course enabled the students to evaluate his/her present health status and learn how to achieve an optimum level of health.

Health Promotion Program Planning (HTH 537)

Provided students with the theory and practical applications of planning, developing, and implementing health promotion programs in a variety of settings. The course focused on a global approach to planning with emphasis on the worksite, hospital, and community as settings for health promotion programming.

Health Education Internship Seminar (HTH 520)

Designed for Health Science majors who are preparing for internship. Course content included professional practice issues, career enhancement strategies, and department expectations for intern sites and students.

Internship in Health Science (HTH 491)

Supervised students enrolled in a work-study program in a health related setting (i.e. school, community organization, hospital, worksite).

The following undergraduate courses were taught as part of the Bachelor of Science in Applied Science major in Dietetics/Nutrition at Youngstown State University.

Normal Nutrition I (Nutr. 251)

Addressed the basic principles of nutrition and their relationship to health. The interrelationship between personal nutritional intake and health maintenance throughout the life span was examined.

Preclinical Skills (H.Ec. 230)

Provided basic skills for counseling patients/clients in the areas of nutrition and personal dietary practices. The course focused on skills for working with individuals and for leading and facilitating group education.

The following undergraduate course was taught as part of the curriculum for all undergraduate students Youngstown State University.

Health Education (Hi.Ed. 590)

This course allowed students to evaluate their personal health status and learn how to achieve an optimum level of health through a focus on holistic health. The model of holistic health applied physical, emotional, mental, social, environmental, and spiritual health in daily life.

The following undergraduate course was taught as part of the curriculum for Bachelor of Science in Nursing students at The Pennsylvania State University – Shenango Valley Campus.

Human Nutrition (Nutr. 251)

Addressed fundamental principles of human nutrition and their application to health and disease. Emphasis was placed on the use of dietary guidelines in primary and secondary disease prevention.

Continuing Education Course Instruction

The following courses were taught for teacher certification/continuing education credit through the Midwestern Intermediate Unit IV, Pennsylvania Department of Education.

Implementing Nutrition Education through the Health Curriculum

This course provided middle grades and high school teachers with strategies for integrating the program “Food. . . Your Choice” into the health curriculum.

Implementing Nutrition Education through the Home Economics Curriculum

This course provided middle grades and high school teachers with strategies for integrating the program “Food. . . Your Choice” into the home economics curriculum.

Implementing Nutrition Education through the Science Curriculum

This course provided middle grades and high school teachers with strategies for integrating the program “Food. . . Your Choice” into the science curriculum.

Implementing Nutrition Education through the Social Studies Curriculum

This course provided middle grades and high school teachers with strategies for integrating the program “Food. . . Your Choice” into the social studies curriculum.

Understanding Obesity: Current Theories and Therapies

Provided educators with a summary of current theory and practice in the etiology and treatment of overweight and obesity in youth. It also addressed problems associated with weight control approaches and corrected fallacies that can be dangerous for those involved in weight loss programs.

Educational Curriculum Development

The following course curricula were developed for the Bachelor of Science in Health Science program with a major in Health Behavior in the Department of Health and Kinesiology at Georgia Southern University.

Theories of Health Behavior Change (HLTH 3330)

Health Promotion Program Planning (HLTH 3111)

Individual and Group Strategies for Health Behavior Change (HLTH 4331)

Healthful Living (HLTH 1520)

Senior Seminar in Health Behavior (HLTH 4619)

Internship in Health Behavior (HLTH 4799)

The following curricula were written for new course development for the Department of Health Education at the Pennsylvania State University.

Hamilton, D. (1993). *Enhancing Self Esteem*.

Hamilton, D. (1992). *How Do We Know They Learn What We Teach? A Primer on Evaluation*.

Hamilton, D. (1991). *Anorexia and Bulimia Concepts for Teachers*.

Hamilton, D. M. (1991). *Coping Strategies for Stress*.

Supervision of Graduate Students at Georgia Southern University (M.P.H. Program)

Burris, Monique. (Fall 2000). Health Care Needs of Older Adults in Rural Georgia. (Thesis Committee Member).

Supervision of Graduate Students at The Pennsylvania State University

Fenton, Marlene, Lane, Marilyn, Sincel, Carol, & Whiteman, Tom. (Spring, 1994). *AIDS. . . It's Not My Problem*. This program was adopted by Kent City Schools, Kent, Ohio (Project Supervisor).

Gadola, B, Miller, S., Peterson, P., & Works, M. A. (Spring, 1994). *AIDS/HIV: What Parents Need to Know*. This project was adopted by the Mercer County AIDS Task Force. (Project Supervisor).

Clark, C., Ehrman, J., Frankle, D., and Maney, M. (Spring, 1993) *An Instructional Program for Breast Self-Exam*. This program was adopted by the Women's Information Network, Breast Cancer Coalition. (Project Advisor).

Radde, K., Trimble, J. L., and Rouan, S. (Spring, 1993) *Smoke, Choke and Croak: A Smoking Program for Middle Grades*. This program was adopted by the Shenango Valley Chapter of the American Heart Association. (Project Advisor).

Andrews, C., Elder, D. J., Esquibel, J., & McClelland, A. (Fall, 1993). *Everything You Always Wanted to Know About Chronic Fatigue Syndrome*. (Project Advisor).

Castronovo, J., Kardambikis, P., & McCaskey, L. (Fall, 1993). *Stop, Look & Glove: Safe Disposal and Handling of Body Fluids*. This program was adopted by Neshanock Schools in Pennsylvania and Austintown Local Schools in Ohio. (Project Advisor).

PROFESSIONAL HONORS AND HONOR SOCIETIES

Georgia Southern University, College of Health and Professional Studies, Award Outstanding Instruction (2001), nominee.

Phi Kappa Phi Honorary Society, Inducted Spring, 1980 as a member of the Youngstown State University Chapter. Presently a member of the Georgia Southern University Chapter.

Chi Sigma Iota Counseling Academic and Professional Honor Society International, inducted summer, 1992 as a member of the Youngstown State University Chapter. Presently a member of the Georgia Southern University Chapter.

Eta Sigma Gamma Health Education Professional Honor Society, inducted Spring 1991 as a member of the Youngstown State University Chapter, held a membership in The Pennsylvania State University Chapter and am presently a member of the Georgia Southern University Chapter.

The National Dean's List, Award of Merit, 1979-80 edition.

Summa Cum Laude Graduate, Youngstown State University, 1980.

Who's Who Among Students in American Colleges and Universities, 1979-80 edition.

Academic Achievement Award, Youngstown State University, 1977, 1978, 1979, and 1980.

American Home Economics Association, Ohio Chapter, Achievement Award, 1980.

Mahoning and Shenango Area Health Education Network, Service Award. Awarded for contributions to Project Panther Health Education, Risk Reduction Program, 1982.

RELATED MEMBERSHIPS IN PROFESSIONAL ASSOCIATIONS

American Association for Health, Physical Education, Recreation and Dance
Alliance for the Advancement of Health Education Division (1993-present)

American Educational Research Association (2002-present)
Curriculum Design, Evaluation, Policy and Reform Division
Critical Examination of Race, Ethnicity, and Class Special Interest Group
Committee on Scholars and Advocates for Gender Equity (SAGE)

American Association for Sexuality Education, Counseling and Therapy (2001-2002)

Texas Association for Health, Physical Education, Recreation, and Dance (2001-present)

American Counseling Association (1996-1999)

The American Dietetic Association (1980-1999)

The American Public Health Association (1996-1998)

The American School Health Association (1996-1999)

The Georgia Association for Health, Physical Education, Recreation & Dance
(1994-2001)
Vice-President for Health (1999-2001)

The Mahoning Valley Dietetic Association, (1980-1994).
Public Relations Committee Chair (1983-1984).
Long-Range Planning Committee (1988-1991).

National Anorexic Aid Society (1986-1994)

The Ogeechee Wellness Council (1994-1996)

The Ohio Dietetic Association (1980-1994)

The Ohio Chapter of SOPHE (1990-1994)

AREAS OF SPECIAL PREPARATION

Certification

Certified Health Education Specialist
(CHES #2690)
The National Commission for Health Education
Credentialing, Inc.

Registration

Registered Dietitian (#R615640)
Commission on Dietetic Registration
The American Dietetic Association