

Lucy J. La Faive, MAE, CWS

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## PROFESSIONAL SKILLS

- **Public Speaking, Workshops & Group Facilitation:**

Since 1982 (28 Years).

Done TV and Radio interviews.

Spoke in front of large audiences.

- **Public Speaking/ Presentations for/at:**

National Wellness Institute's annual conference.

Upper Peninsula Publishers and Authors Association (UPPAA)

Outdoor Writers Association of America (OWAA)

Marquette General Hospital Heart Club

Integrative Health Resources Health Fair

The Eloft (An Entrepreneurial Education & Consultation Business)

The Joy Center

Unity of Inner Peace

Memorial Services

Art on the Rocks; Children's Program

Democratic regional political caucus

Marquette City Commission

Camp New Day

- **Group Facilitation:**

Help establish, coordinate, and lead Adult Storytelling Circle at Peter White Public Library: Marquette, MI

Provided individual counseling, co-led therapy groups and workshops in communication skills at the Counseling Center at Northern Michigan University.

Led groups and workshops on empowerment tools, stress management, connecting to spirit, expressing uniqueness, communication skills, life planning, expanding horizons and assertiveness.

• **Taught:**

Movement classes at Leelanau Holistic Summer Institute; Western Michigan University.

Movement classes for children (Kool Moves) at Lake Superior Village Youth and Family Center: U.S. Government funded facility; Marquette, MI.

Movement and other classes at Marquette Community Schools and at Negaunee, Ishpeming and NICE District Schools.

• **Public Speaking Training:**

Certified Wellness Speaker (CWS), National Wellness Conference, Stevens Point, WI.

VP of Education, Superiorland Toastmasters, 1 year

Storytelling Class, Northern Michigan University, 1996

Storytelling Class, Spontaneous Story & Imagination, Northern Michigan University, 1998

Storytelling Conferences & Workshops

• **Movement Education and Training:**

Nia White Belt, 2003

Jazz, 8 years

Modern & Interpretive dance, 5 years

Member of dance performance group, 2000

• **Other Training:**

Stress Management, Energy Medicine, Energy Healing Fundamentals, Transformational Breathing, Body Wisdom, Mentastics & Trager, Thought Theory, Communication, Impact Learning Plus: Brain-Smart Teaching, Life Planning, Life Balance, Family Self Esteem, Assertiveness; Color, Sound and Symbolism in Healing; Art & Healing, Forgiveness, Enhancing Intuition, Journaling, Abundance, Visualization, Meditation and Drumming.

• **Employment History:**

Owner, Joyful Living Educational Programs 2006-Present

Co-Owner, Smith Publications 1985-Present

Juvenile Probation Officer, Marquette County Juvenile Court 1980-1984

• **Education:**

M.A.E. Agency Counseling, Northern Michigan University, 12/83

B.S. Sociology, Northern Michigan University, 12/73