

LISA W. MEDLEY

37 Arthur Street
West Warwick, RI 02893

(401) 826-2020
lisa@SoulisticArts.com
www.SoulisticArts.com

EDUCATION & CERTIFICATION

Completion of Coursework , Coaches Training Institute, San Rafael, CA	July 2002
Master of Arts in Expressive Therapy & Counseling , Lesley University, Cambridge, MA Thesis entitled: "A Right-Brain Approach to Career Exploration: Keeping the Channel Open"	May 1998
Certified Movement Therapist , In-Motion, Lenox, MA	August 1997
Certified Kripalu DansKinetics™ Instructor , In-Motion, Lenox, MA	June 1996
Certified Massage Therapist , Muscular Therapy Institute, Cambridge, MA	July 1995
Nationally Certified in Therapeutic Massage and Bodywork	May 1995
Bachelor of Arts; Major in Psychology, Minor in Dance , University of New Hampshire, Durham, NH	May 1991

WORK EXPERIENCE

Communications & Outreach, Mind-Body-Soul Connect www.MBSconnect.com August 2006 – May 2009
Served in a variety of roles for an innovative start-up wellness company that is a dedicated to providing easily accessible resources for everyone to experience sustainable well-being.

Life & Wellness Coach, Private Practice August 2002 - Present
Guide clients to enhance their relationship to their body and evolve their lives with ease.

Dance/Movement Instructor & Innovator September 1996 - Present
Lead classes, workshops, and private sessions in gentle stretching, moderate aerobic activity, creative movement, and relaxation. Creator of Freestyle Dance Fitness™ & How to Survive on the Dance Floor™. Produced movement “edutainment” performance. Provide education to various groups including: National Wellness Conference, RI Association for Women in Education, TOPS, Learning Connection, Livestrong Cancer Support Group, yoga and wellness centers.

Massage Therapist, Private Practice September 1999 – Present
Massage Envy, Cranston, RI August 2009 – Present
DaVinci Spa, East Greenwich, RI November 2007 – June 2009
Kent County YMCA, Warwick, RI February 2004 – March 2005
The Sports Club/LA, Boston, MA September 2001 – January 2004
Wellspace, Cambridge, MA September 1998 - May 1999
Boston Harbor Hotel, Boston, MA August 1995 - August 1998
Provide therapeutic massage and education about health and wellness.

Teacher, Muscular Therapy Institute, Cambridge, MA February 2000 – January 2002
Led 2 classes, “Practice Development” and “Perspectives of Bodywork.” Supported students to work in the school clinic and exposed them to various bodywork modalities.

Administrative Assistant, Bridge to the Tango, Somerville, MA September 1999 – November 2001
Provided customer service and support to the business manager.

Therapeutic Aide, Chenery Middle School, Belmont MA September 1998 - June 1999
Provided therapeutic and academic support for two eighth grade students.

Expressive Therapy Intern/Mental Health Worker, Schiff Day Treatment Center, Cambridge, MA September 1997 - August 1998
Acted as case coordinator for three to five clients. Co-led various therapeutic groups.

Expressive Therapy Intern, Bournewood Hospital, Brookline, MA September 1996 - May 1997
Supported patients in a short-term psychiatric hospital. Co-led various rehabilitation groups.

Administrative Assistant, Harvard University, Cambridge, MA August 1991 - March 1995
Supported Director of Career Services, Recruiting Coordinator, and four career counselors.

PRESENTATIONS

Joy is in Every Step: Remember How to Dance; Getting to Know You: Your Body’s Supportive Architecture; Embodying Compassion: The Cultural Connection; Exercise Your Birthright to Dance; Dancing Gracefully in Coaching Conversations